Coming together is a beginning. Keeping together is progress. Working together is success.

- Henry Ford -
Successful cooperation

How interdisciplinary cooperation determines the success of e-mental health

For the effective implementation of e-health, collaboration between various disciplines within the implementation process is very important. The eMEN platform facilitates this interdisciplinary collaboration at both national and international levels. Where does your organisation stand when it comes to e-mental health? And what is the value you can add in the implementation and scaling up process?

**STAKEHOLDERS IN THE E-MENTAL HEALTH IMPLEMENTATION PROCESS**

**RESEARCHER**
- Quantitative: To assess the effectiveness of e-mental health technologies.
- Qualitative: To explore user needs and experiences.

**PEOPLE WITH LIVED EXPERIENCE**
- Feedback on the relevance and accessibility of e-mental health services.

**MENTAL HEALTHCARE PROFESSIONAL**
- Clinical expertise to evaluate the appropriateness and effectiveness of e-mental health interventions.

**BOARD OF DIRECTORS**
- Strategic vision and commitment to upscale e-mental health services.

**E-HEALTH DEVELOPER**
- Technical expertise to ensure product compliance within the infrastructure.

**CARE PURCHASER**
- Sustainability of funding mechanisms and commissioning of e-mental health services.

**E-HEALTH COORDINATOR**
- Oversight of the implementation process.

**NATIONAL E-MENTAL HEALTH LANDSCAPE**
- Framework and infrastructure.

**RESEARCH AND EDUCATION**
- Evaluation and learning.

**GOVERNMENT**
- Framework and infrastructure.

**PATIENT REPRESENTATIVE BODIES AND THIRD SECTOR ORGANISATIONS**
- Patient interests.

**SECTOR ASSOCIATION**
- Identification of patient needs and treatment.

**INSURANCE COMPANY**
- Funding and commissioning services.

**PHASE #1**
**Contextual research**
- Exploring needs

**PHASE #2**
**Define framework**
- Development of e-mental health applications

**PHASE #3**
**Development and selection of e-mental health applications**
- People with lived experience
- Mental healthcare professional
- Care purchaser
- E-health developer

**PHASE #4**
**Pilot phase and evaluation**
- Implementation of e-mental health plans
- People with lived experience
- Mental healthcare professional
- E-health developer

**PHASE #5**
**Operating**
- Expand e-health efforts and continued development
- People with lived experience
- Mental healthcare professional
- E-health developer

**Purpose of each stakeholder in the implementation process**

- **RESEARCHER**
  - Qualitative research: Basis for further research.

- **PEOPLE WITH LIVED EXPERIENCE**
  - Daily use.

- **MENTAL HEALTHCARE PROFESSIONAL**
  - Evidence-based practice.

- **BOARD OF DIRECTORS**
  - Commitment and directives.

- **E-HEALTH DEVELOPER**
  - Technical compliance of product within infrastructure.

- **CARE PURCHASER**
  - Sustainable funding mechanisms and commissioning.

- **E-HEALTH COORDINATOR**
  - Oversight of the upscaling process.

- **GOVERNMENT**
  - Framework and infrastructure.

- **PATIENT REPRESENTATIVE BODIES AND THIRD SECTOR ORGANISATIONS**
  - Patient interests.

- **SECTOR ASSOCIATION**
  - Identification of patient needs and treatment.

- **INSURANCE COMPANY**
  - Funding and commissioning services.